

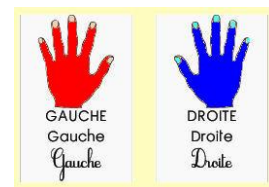
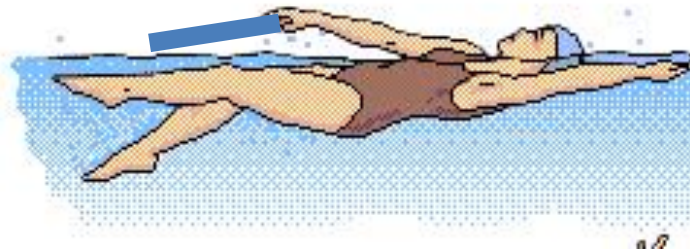
BATTEMENTS DE JAMBES SUR LE DOS



+

MOUVEMENTS DE BRAS EN **DOS CRAWLE**

1



2



3



4

