ATHLETISME RENCONTRE

*Formation EFS juin 2017 Metz*

NOM : Prénom :

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *Course* | | | | *Saut* | | | | *Lancer* | | | |
| *Vitesse* | | *Haies* | | *Longueur* | | *Triple bond* | | *En rotation* | | *En poussée* | |
| Perf. | Pts | Perf. | Pts | Perf. | Pts | Perf. | Pts | Perf. | Pts | Perf. | Pts |
|  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **TOTAL**  *en points* |  |

ATHLETISME RENCONTRE

*Formation EFS juin 2017 Metz*

NOM : Prénom :

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *Course* | | | | *Saut* | | | | *Lancer* | | | |
| *Vitesse* | | *Haies* | | *Longueur* | | *Triple bond* | | *En rotation* | | *En poussée* | |
| Perf. | Pts | Perf. | Pts | Perf. | Pts | Perf. | Pts | Perf. | Pts | Perf. | Pts |
|  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **TOTAL**  *en points* |  |